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Tuesday, October 6, 2015 www.metro.us | t: MetroPhilly | f: MetroPhilly

PRETTY LITTLE NOVELIST

Art imitates life in "Pretty Little Liars" star Shay Mitchell's new book. 18

Now Wawa has a credit card. 6

Jon Bernthal goes dark with 'Sicario.' 19

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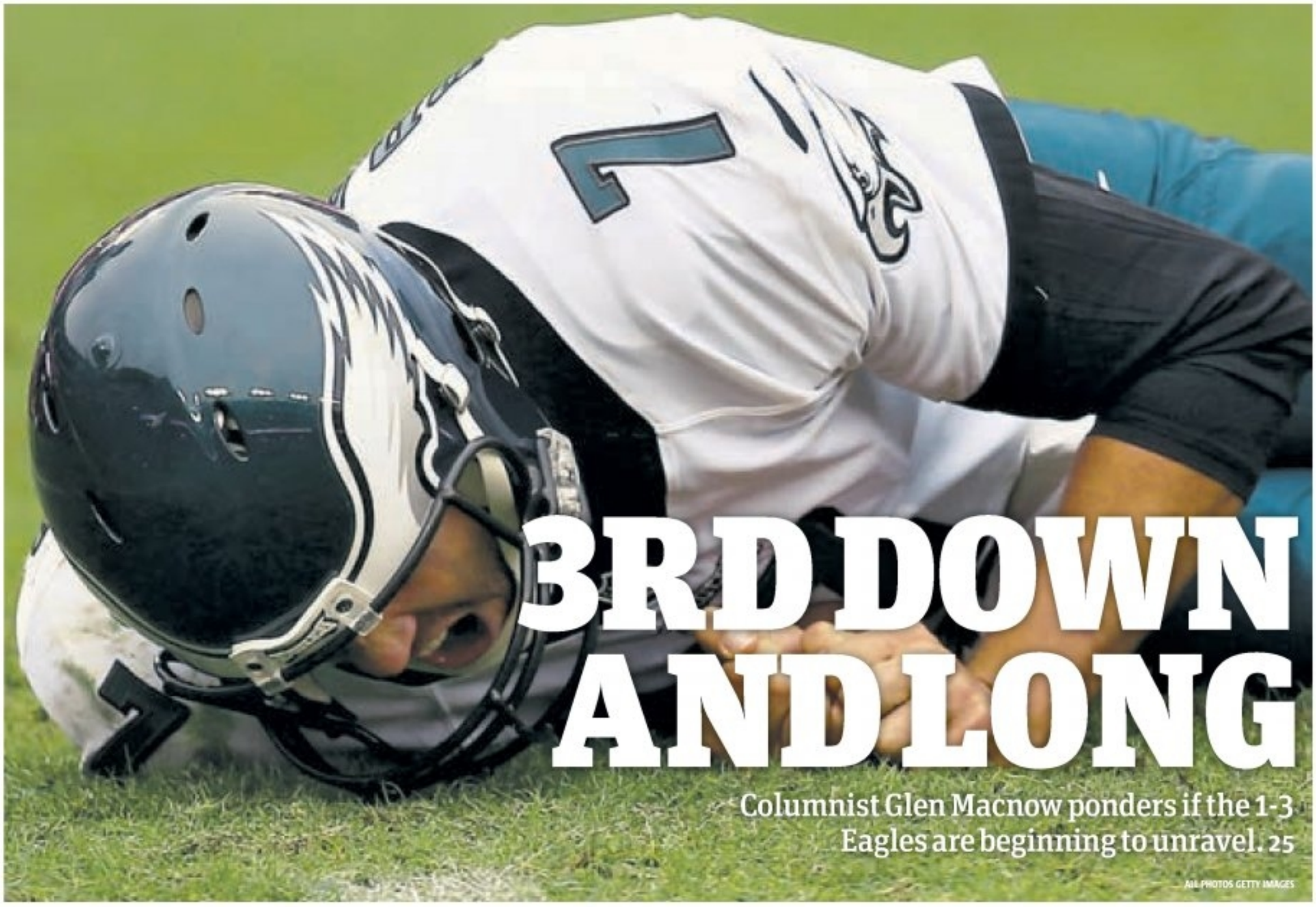

3RD DOWN AND LONG

Columnist Glen Macnow ponders if the 1-3 Eagles are beginning to unravel. 25

ALL PHOTOS GETTY IMAGES

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CLINTON'S GUN PLAN

1 Democratic presidential candidate Hillary Clinton said Monday that if elected she would use the power of her office to curb gun violence if necessary. She called for expanding background checks and making it easier to hold negligent manufacturers and dealers accountable. REUTERS

AMTRAK DERAILMENT

2 An Amtrak passenger train hit debris from a rockslide and derailed in central Vermont on Monday, sending at least seven people to the hospital. The train, en route from St. Albans, Vermont, to Washington, went off the tracks near Roxbury, about 20 miles south of the state capital, Montpelier. The U.S. national passenger rail service said the derailment of Train 55 was reported to local authorities at 10:30 a.m. Police and emergency crews went to the scene, Vermont State Police spokesman Scott Waterman said. REUTERS

BODY FOUND IN SEARCH

3 Missing cargo ship El Faro, hit by Hurricane Joaquin, is believed to have sunk off the Bahamas, and one crew member is confirmed dead, the U.S. Coast Guard said Monday. It said the search continued for possible survivors among the 32 other mostly American crew. REUTERS

Coast Guard Captain Mark Fedora

NINE DEAD IN HISTORIC SOUTH CAROLINA RAINS AND FLOODING

7 Floodwaters deluging South Carolina after unprecedented rainfall have resulted in nine deaths, more than 500 road and bridge closures and hundreds of rescues of people trapped in homes and cars, officials said Monday. Gov. Nikki Haley warned residents to remain on alert as rain continued to fall in some of the hardest-hit areas, including the state capital of Columbia. REUTERS

Tyler Bahnmuller, Will Brennan and Matt Talley take a canoe to investigate their homes following flooding in Columbia, South Carolina. ALL PHOTOS GETTY IMAGES

BP TO PAY $20 BILLION

4 BP will pay more than $20 billion in fines to resolve nearly all claims from its Gulf of Mexico oil spill five years ago, marking the largest corporate settlement of its kind in U.S. history. The agreement, first outlined in July, adds to the $43.8 billion BP had previously set aside for criminal and civil penalties and cleanup costs. REUTERS

NOBEL PRIZE MEDICINE

5 Three scientists from Japan, China and Ireland whose discoveries led to the development of drugs against parasitic diseases including malaria and elephantiasis won the Nobel Prize for Medicine. Irish-born William Campbell and Japan's Satoshi Omura won half the prize for discovering avermectin, a derivative of which has been used to treat people with river blindness and lymphatic filariasis, or elephantiasis. China's Tu Youyou was awarded the other half of the prize for discovering artemisinin, a drug that has slashed malaria deaths. REUTERS

DORSEY IS TWITTER CEO

6 Twitter named Jack Dorsey as its permanent CEO but said it would look elsewhere for a chairman, seeking to allay concerns about its co-founder's dual role as head of the mobile-payments company Square. Dorsey has been running Twitter as interim CEO since Dick Costolo stepped down July 1. REUTERS

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JULIANNE AERTS
Metro Art Director
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Metro's focus has always been how to provide to you, our readers, the best possible experience when you pick up your copy of Metro.

As you turn the pages today, you will notice a cleaner, modern, sophisticated, well-organized look. This design has been a year in the making. We changed the navigation of the paper to make it easier for you to find exactly what you are looking for. Each section is designated with a distinct color that plays off of our iconic green. Starting with the darkest shade and working your way forward in opacity, you'll discover the biggest news items of the day — in your city, in the nation and across the world. Next you'll find the latest happenings in the entertainment world, followed by our special section of the day, and ending your experience with the latest in sports.

Because we know you most often read Metro in the rush of your commute or with a quick cup of coffee, we have allotted our inside cover to highlights from around the world, so you'll be able to scan the most important news in the blink of an eye.

Earlier this year, we began to print special sections in order to focus on one main topic a day and will continue this popular feature, publishing the latest career and education stories on Mondays, Wellbeing on Tuesdays, Home and Real Estate on Wednesdays, Going out/Staying in and Travel on Thursdays, and WKND entertainment on Fridays.

The key to great design is simplicity and meaning. By cutting out the clutter and making our pages cleaner and easier to read, our aim is to leave you, our readers, with the best possible experience and our best content. We hope you enjoy!

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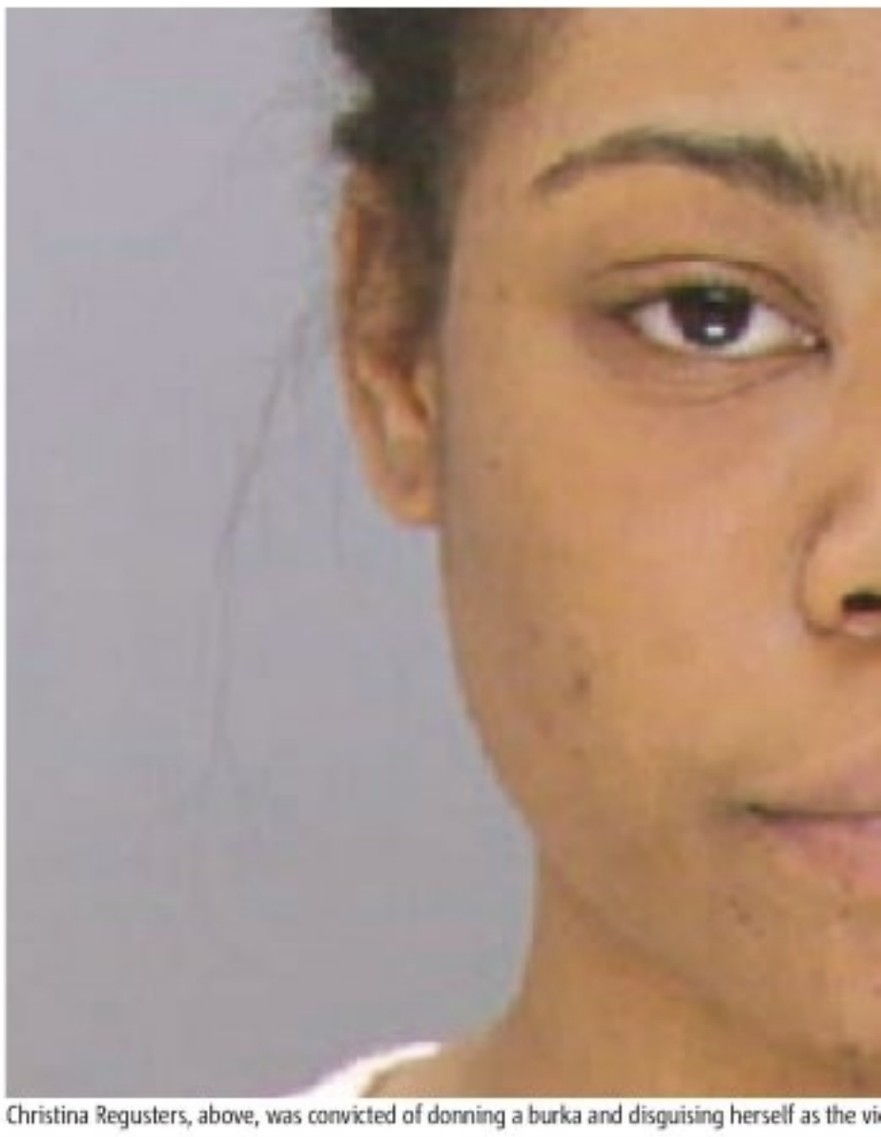

Christina Regusters, above, was convicted of donning a burka and disguising herself as the vi

40 years for child rape, kidnapping

A young woman was sentenced for violating a young girl.

DAN KELLEY
@MetroPhilly
dan.kelley@metro.us

A woman convicted of kidnapping a child from a Philadelphia elementary school and raping her was sentenced to 40 years to life in prison on Monday.

"I think what she did to me is wrong and she shouldn't do it to anyone else. That's all," the now-8-year-old victim told Hon. Jeffrey Minehart at the sentencing hearing.

Christina Regusters, who dressed in Islamic head coverings to disguise herself when she signed the girl out of the school, has long maintained that someone else sexually assaulted the girl. She apologized for knowing about the crime in advance and doing nothing to stop it.

She then acknowledged signing the girl out of Bryant Elementary School.

"I'm not a monster," said the convicted child-rapist. "I'm a very good person."

A Good Samaritan found the girl wandering in a West Philly park 20 hours after she was kidnapped in January 2013. She was bleeding, dressed in an oversized T-shirt that was later found to contain Regusters' DNA.

Investigators said Regusters snuck the girl into her house on the 6200 block of Walton Avenue in a laundry bag.

Prosecutors sought a life sentence under new state penalties that provide for them if a child sex abuse victim suffers serious physical harm. The girl required a colostomy bag for several months after the assault, during which she was hidden under a bed, prosecutors said.

Prosecutors also disputed Regusters' claim that other perpetrators were involved, arguing that she invented fictional

ctim's mother (below) before entering Bryant Elementary to kidnap a 5-year-old girl. PROVIDED

"I think what she did to me is wrong and she shouldn't do it to anyone else."

The victim at the hearing

characters to confuse the girl and to confound the subsequent investigation.

Testimony from the victim included references to an older woman named Rashida, a 15-year-old girl named China and a white man — pictures of whom on a phone were shown to the victim.

Assistant District Attorney Erin O'Brien said the invented characters, the Islamic costume and Internet research into how to conduct the crime showed a level of planning and preparation that rarely comes before the court system.

"These crimes are so far beyond what we normally see," O'Brien said.

Regusters' attorney, Fred Harrison, said that his client was the victim of abuse as a child, had watched her father beat his girlfriends and that she had been raped as an adult.

"The individual before you has suffered the same things that [the victim] suffered," Harrison told Minehart.

The victim's mother also asked Minehart for a lengthy sentence.

"She's always going to have that space, that gray area that nobody can shine a light on, because there's no real reason someone should do that to an innocent child," she said.

Regusters, who formerly worked at a day care where the victim was enrolled, was able to sign into the school, enter the victim's classroom and take the victim out of the school without anyone realizing it was not the victim's mother, school staff testified.

She stuffed a laundry bag under her khimar to feign the appearance of a pregnant woman, as the victim's mother was pregnant at the time.

A school receptionist said she did not know it was policy for adults signing into the school to be required to present ID, while the substitute teacher in the classroom said he asked Regusters if she was the victim's mother — and Regusters said yes.

BRIEFS

Bensalem volunteer firefighter charged with kidnapping, burglary

Shane McMichael, 21, a volunteer at the Cornwells Fire Department, faces charges of attempted kidnapping and burglary after he broke into a Bensalem girl's home and beat her.

McMichael, reportedly dressed in all black and wearing a mask, entered the home on the 2500 block of Forrest Avenue and choked the girl sometime

before 10 p.m. Sunday.

She recognized him, then yelled his name. He stopped the attack. She begged him to let her go wash her face.

McMichael fled the house while the victim was in the bathroom. The victim later discovered that her grandparents' door was tied shut with black rope. Police recovered a rifle from McMichael's car when they arrested him. DAN KELLEY

Police charge two with refrigerator theft

Police have arrested two men for stealing a refrigerator during a break-in in South Philadelphia.

Steven Fonnotto, 29 and Angelo Lapalemento, 43, were both charged with burglary and related offenses for the incident.

Surveillance video captured images of two men breaking into a home on the 1500 block of South Fourth Street in September. The video showed the men carting off the fridge.

When that video was released to the public, Philadelphia police said numerous tips came pouring in and investigators got a warrant for Lapalemento's home. They recovered the refrigerator inside. DAN KELLEY

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BEST GRAD SCHOOLS U.S.News & WORLD REPORT NURSING 2016

BRIEF

Local colleges beefed up security for hoax 'shooting' threat

Days after an active shooter killed students at an Oregon community college, vague threats of another incident to come at 2 p.m. Monday at a Philly-area school led to increased security and warnings by the FBI, but were revealed to be a hoax.

An anonymous poster to a board on the 4chan online forum — where a threat of a shooting in the northwestern U.S. was reportedly made just a day before the Oregon shooting — posted the new threat on Friday.

"The Beta Rebellion has begun," the post said ("beta" referring to socially weak males). "A fellow robot [users of the forum refer to themselves as robots] will take up arms against a university near Philadelphia. ... If you are in the area, you are encouraged to stay at home."

However, the statement appeared to be a mildly successful attempt at trolling.

On Monday afternoon, as no shootings were reported, some Twitter trolls even tweeted out messages claiming that Villanova University was on lockdown — which the school's security office said were false.

Some students skipped classes or stayed home altogether out of concerns due to the threat.

The threats, which have drawn law enforcement scrutiny to the forum, may have been intended as a form of lashing out at the administrators of the forum. The founder of 4chan, Christopher Poole, recently sold the website to Japanese developer Hiroyuki Nishimura, to the displeasure of some users.

The threat includes the phrase "Hiro have mercy on us all." METRO

NOTICE OF PUBLIC HEARING AND PUBLIC COMMENT PERIOD
PHILADELPHIA HOUSING AUTHORITY

The Philadelphia Housing Authority (PHA) is a participant in the Moving to Work Demonstration Program (MTW) pursuant to an Amended and Restated Moving to Work Agreement (MTW Agreement) with the U.S. Department of Housing and Urban Development (HUD). The MTW Agreement defines the terms and conditions under which PHA is a participant in the MTW Program and requires PHA to submit an MTW Annual Plan for HUD review and approval. PHA's MTW Annual Plan for Fiscal Year 2016 was originally submitted to HUD in January 2015, and approved by HUD in September 2015.

PHA is seeking public review and comments on a proposed amendment to the FY 2016 MTW Annual Plan concerning PHA's plans to convert certain public housing units to project-based assistance under the Rental Assistance Demonstration (RAD) program. The units consist of 203 vacant and uninhabitable scattered site public housing units as well as 470 public housing units managed by an Alternate Management Entity at Southwark Plaza Apartments (also known as Courtyard Apartments at Riverview). The proposed amendment provides information required by HUD concerning PHA's RAD conversion plans. The proposed amendment is incorporated in its entirety into the FY2016 MTW Annual Plan through an attachment entitled "Rental Assistance Demonstration Significant Amendment". It is available for public review and downloading on PHA's website at www.pha.phila.gov under the "Latest News" section or may be picked up at the following locations:

Housing Choice Voucher Program Office:

2850 Germantown Ave 1st & 2nd Floor

Scattered Sites Management Offices:

Abbottsford Homes - 3226 McMichael Street
Westpark Apartments - 4445 Holden Street
Spring Garden Apartments - 715 Brandywine Street
Wilson Park - 2500 Jackson Street
Fairhill Apartments - 2411 N. 11th Street

Public Housing Management Offices:

Bartram - 5404 Gibson Drive
Raymond Rosen – 2110 N. 23rd Street
Wilson Park - 2500 Jackson Street

PHA will conduct a Public Hearing on the proposed amendment. PHA residents, Housing Choice Voucher participants and the general public are invited to attend and provide comments at the Hearing and/or to submit written comments during the public comment period. The Public Hearing is scheduled for the following time and location:

Thursday, October 29, 2015 at 4:00 P.M.
12 South 23rd Street, 6th Floor
Philadelphia, PA 19103

The public comment period begins on October 6, 2015 at 12 noon and ends November 5, 2015 at 12 noon. All comments must be received at PHA's office by the end of the comment period. Please send written comments to:

Philadelphia Housing Authority
Office of Policy, Research and Enterprise Planning
Attention: MTW Plan Amendment Comment
12 South 23rd Street, Philadelphia, PA 19103

The Public Hearing is being held in an accessible location. If you require assistance, sign language interpreter or other accommodations, please call 215-684-5767. Please use the AT&T Relay Service for TTY.

PHA
PHILADELPHIA HOUSING AUTHORITY

The new Wawa credit card is for use in Wawa stores and offers a per-gallon refund. PROVIDED

Now there's a Wawa card

The popular chain offers cash back on fuel with its new card.

SAM NEWHOUSE
@scnewhouse
sam.newhouse@metro.us

Long known for the fanatical loyalty of its customers, the touchscreen computers for ordering hoagies and a unique employee-shareholder structure, Wawa is continuing to step up their game just weeks after opening their new Philly flagship location by introducing new Wawa credit card.

In fact, the idea for a card came from the customers, said Bill O'Donnell, Wawa's retail fuel director.

"Customers have called in and said there are other companies that offer discounts like this," he said. "It bothered them that they thought they could get a better deal somewhere else."

The new Wawa credit card is for purchases only at Wawa stores, and gives customers a five-cent refund on every gallon of gas they buy at Wawa gas stations, up to 100 gallons a month. If you sign up for the card before the end of 2015, Wawa said you will get 25 cents back per gallon for the first 60 days you have the card.

"People are very price-sensitive in the world of fuel," O'Donnell said. "People want to pay as little for gas as possible."

The credit card project was vetted for about a year before launching, with Citi as the bank providing card services.

No word yet on what other types of discounts cardholders might see other than cash back at the pump, but O'Donnell was confident that there will be more benefits to expect from the Wawa card down the road.

"We intend to continue to surprise and delight," O'Donnell said. "We have full expectations that we'll be able to provide some of the same excitement further down the line."

Visit Wawacreditcard.com for info on the card.

"This was something we really evaluated over some period of time, and said this is something that would be able to offer savings for customers that want to shop at Wawa."

O'Donnell

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BRIEFS

Chiropractors are not ERISA plans 'beneficiaries' — 7th Circuit

A federal appeals court has ruled that an association of Pennsylvania chiropractors lacks standing to challenge an insurer's payment practices under the U.S. Employee Retirement Income Security Act. Circuit Judge Frank Easterbrook led a three-judge panel of the 7th U.S. Circuit Court of Appeals in reversing a lower court decision and unanimously finding the chiropractors were not "beneficiaries" of an ERISA-qualified health benefit plan. REUTERS

Chiropractors GETTY IMAGES

Top court denies appeal seeking return of Jim Thorpe's remains

Thorpe won gold medals in the decathlon and pentathlon in the 1912 Olympics in Stockholm, and later played professional baseball and football.

The U.S. Supreme Court on Monday rejected an appeal by a Native American nation and legendary athlete Jim Thorpe's surviving sons to have his remains moved from Pennsylvania to tribal lands in his home state of Oklahoma.

Richard and William Thorpe, along with the Sac and Fox Nation, claimed the remains were stolen from an ancestral grave during a burial ceremony and taken illegally to Pennsylvania by Thorpe's wife at the time, who was seeking to profit from the move. Thorpe died in 1953 at age 64 after suffering a heart attack.

The Supreme Court did not elaborate on its decision.

The two have said that wife Patricia Thorpe, who was the legendary athlete's third wife and is now deceased, removed the remains in a hearse with the help of law enforcement from a sacred ceremony in Oklahoma in 1953. She wanted to offer them up to the highest bidder, they added.

Attorneys for and members of the Sac and Fox Nation said Thorpe's remains fall under the 1990 Native American Grave Protection and Repatriation Act (NAGPRA), a civil rights law that protects Native American cultural and religious traditions and sacred objects. REUTERS

Jim Thorpe was one of the 20th century's greatest athletes. GETTY IMAGES

"Very few other Americans have experienced the forced removal of their parent's casket from a funeral ceremony being conducted according to their family's beliefs — something most would find shocking, to say the least."

Thorpe's sons said in a joint statement.

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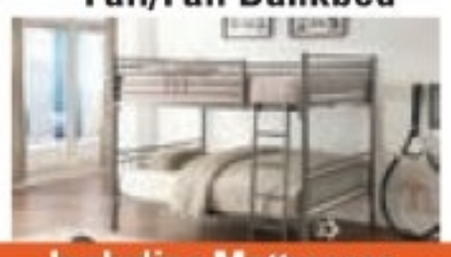

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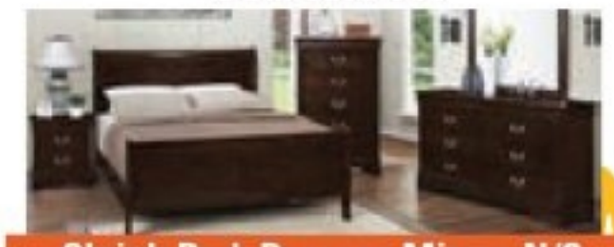

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American Apparel files for bankruptcy, operations continue

American Apparel said it expected to cut its debt to $135 million from $300 million through the elimination of more than $200 million of bonds in exchange for equity.

American Apparel store GETTY IMAGES

American Apparel Inc., known as much for its sexually charged advertising and controversial founder as for its fashion offerings, filed for Chapter 11 bankruptcy protection Monday.

The Los Angeles-based company, which has not made a profit since 2009, joins a growing number of U.S. retailers selling to teens and young adults that have been unable to adjust to changing spending patterns and intensifying competition.

American Apparel, one of the only retailers still making its clothing in the United States, said its stores and manufacturing operations would continue to operate normally under a restructuring deal reached with most secured lenders.

"If it can continue to operate through the upcoming holiday season and generate increased holiday revenue, it just might emerge from bankruptcy," Jerry Reisman, bankruptcy attorney at Reisman Peirez Reisman & Capobianco LLP, said in an email.

However, he also said the company needed new creative direction and substantial additional financing.

The big loser will be founder Dov Charney, who was fired as CEO in December for alleged misconduct, including misusing company funds and failing to stop a subordinate from creating blog posts that defamed former employees. REUTERS

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Pilot falls ill, dies on American flight from Phoenix to Boston

The flight later continued with a replacement crew and landed in Boston in the early afternoon.

A pilot fell ill and died on an American Airlines flight headed to Boston from Phoenix on Monday, and the copilot landed the plane safely in Syracuse, N.Y., airline and police officials said.

The Airbus A320, which had left Phoenix with 148 passengers and five crew members, touched down at Syracuse Hancock International Airport shortly after 7 a.m. EDT, said spokeswoman Brianna Jackson.

GETTY IMAGES

"Medical emergency. Captain is incapacitated," the copilot told air traffic controllers in a calm voice, according to a recording posted on LiveATC.net.

Asking for directions to an airport gate that could be quickly accessed by emergency medical personnel, he said, "We'll need them to get to the captain."

The 57-year-old pilot from Utah was pronounced dead on board the plane a few minutes after it landed, Syracuse Police Lieutenant Eric Carr said.

Jackson said Flight 550 left Phoenix Sky Harbor International shortly before midnight Sunday, but was diverted "due to pilot illness."

"Unfortunately, our pilot passed away," Jackson said.

Both Carr and Jackson declined to comment further, including on whether the pilot died in the air or on the ground, the nature of the illness and any further identification of the pilot or copilot. The Onondaga County, N.Y., medical examiner's office referred all questions to the police. REUTERS

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Google in talks to invest in Symphony: source

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Google, which has now morphed into holding company Alphabet Inc., is in talks with messaging startup Symphony Communication Services LLC for a round of fundraising, a person familiar with the matter told Reuters.

Symphony's chat service allows financial firms, corporate customers and individuals to put all of their digital communications on a centralized platform.

The talks are ongoing and no terms are finalized yet, the source added.

The Wall Street Journal, citing people familiar with the matter, reported earlier Monday that Google invested in a new round of funding for Symphony that values the company at about $650 million.

The service is backed by Goldman Sachs Group Inc. and other big Wall Street banks.

Goldman led a group of 14 banks including Bank of America Corp., Citigroup Inc. and JPMorgan Chase & Co. in making a $66 million investment in Symphony last October, when Symphony was set up. Symphony did not respond to requests for comment.

Many on Wall Street think of Symphony as a rival to Bloomberg LP and Thomson Reuters Corp., which provide messaging and information services for bankers, traders and investors.

Those terminals can cost tens of thousands of dollars a year per customer.

Symphony is available to businesses with more than 50 users for $15 a user per month. Smaller businesses and individuals can use the tool free.

Last month, Symphony said it is working with News Corp.'s Dow Jones to offer news stories in its service and with McGraw-Hill Financial Inc. to integrate data and analytics from its S&P Capital IQ product.

REUTERS

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Tom Cruise skips daughter's wedding

Now, before you freak out and start worrying that little Suri is all growed up and getting hitched, remember that Tom Cruise has another daughter — Isabella Cruise, his adopted daughter with ex-wife Nicole Kidman. And Isabella reportedly got hitched in a very small, very private ceremony in London last month to British IT consultant Max Parker, according to Woman's Day. How small and private, you might ask? So small and private that dad Tom and brother Connor were not in attendance. Yikes. It's unclear why the father of the bride sat this one out, but sources speculate it's to do with Isabella's disdain for public attention and concern over the buzz Tom's presence would attract. Also, the groom is apparently not a member of the Church of Scientology and has reportedly never met Tom. The mother of the bride, meanwhile, is said to be "overjoyed" by the nuptials, despite the fact that there are apparently no photos of her at the event either. Maybe she wore a fancy disguise.

ALL PHOTOS GETTY IMAGES

the word

NED EHRBAR
ned.ehrbar@metro.us

Johnny Depp's daughter is making him nervous

Speaking of movie stars and their daughters — one more and it's a trend! — "Pirates of the Caribbean" star and five-time Private Islands Monthly cover model Johnny Depp admits he is nervous about 16-year-old daughter Lily-Rose's sudden rise to fame, between her modeling work and becoming a young muse for director Kevin Smith. "To be honest, I'm quite worried. I wasn't expecting all this to happen to Lily-Rose, especially not at this age," Depp tells Germany's Gala magazine. "But it's her passion and she's having fun. She knows I'm always there for her." I wonder if she turns to him for giant obnoxious hat advice.

DAILY VIDEO

YOUTUBE

Sam Smith's new Bond theme

Initial reviews for Sam Smith's "Writing's on the Wall" — the opening theme to the new James Bond film, "Spectre" — may have been mixed, but maybe I'm warming to it thanks to its official video. The clip is a delightfully retro throwback to the days of movie soundtrack videos stuffed with footage from the actual film — and since the film in question is a new 007 adventure, it's hard to dislike that. And those swelling strings are appropriately Bond-worthy, after all. But why can't Smith look us in the eye until the very end?

Archie Panjabi shoots down 'Good Wife' non-feud report

Julianna Margulies has been putting in some overtime hours trying to kill that long-standing rumor about a nasty rift between her and former "The Good Wife" co-star Archie Panjabi, telling Vulture that the whole idea was nonsense. "Right, I've heard about [the feud]. Who says that? It's totally gossip," Margulies says. "I feel people just like to have gossip or make something into something that isn't there. There's no animosity on my part." If you say so.

Also, Margulies goes into detail denying the story that their weirdly shot final scene together — in which they were filmed separately and digitally combined later — was not due to any bad blood. "It was shot the way Robert [King] wanted to shoot it, and the story line, too," Margulies says. "[Panjabi] was also doing another show, called 'The Fall.' I went along with whatever Robert asked me to do and I did it happily." One problem, though: Panjabi was more than happy to take to Twitter to shoot that assertion down: "[The Fall] was not even in production at the time and I was in New York ready to film the scene." Nice try, Julianna.

@bobsaget
Rise and shine! Wait a minute, I'm not a farmer- I'm going back to bed, I just got up to pee. Have a great morning.

@KChenoweth
My mind says go to the gym but my heart says food.

@evanrachelwood
I ate..way too much cereal. Like it should be illegal to consume that much chex in a day.

@HaileeSteinfeld
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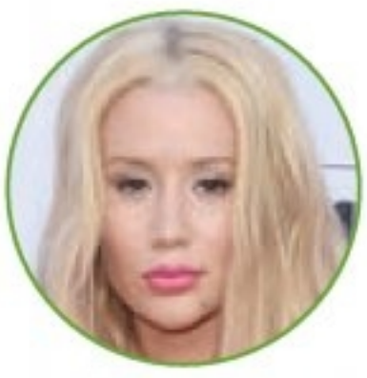
@JohnMayer
This Miley album is amazing. You can't try to make something like this. You just tap the vein and don't question a single instinct.



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STUFF IS HAPPENING PEOPLE. BRB.

The city is the canvas

Mural Arts Program's Open Source is popping up all over Philly.

RACHEL VIGODA
@rachelvigoda
rachel.vigoda@metro.us

New Orleans artist MOMO is creating two murals through Open Source, including one at 1831 Frankford Ave. STEVE WEINIK

Wander around the city in the next few weeks and you'll likely stumble across a new site-specific art project: a mural based on photos of neighbors made with black masking tape in the Italian Market; a massive abstract painting on the side of the Sonesta hotel at 18th and Market from street artist MOMO; a sticker raising awareness about criminal justice designed by Shepard Fairey (the Obama "Hope" poster).

Local and international artists, including five from Philadelphia, have been exploring social issues in various Philly communities for Open Source: Engaging Audiences in Public Space, organized by the city's Mural Arts Program. It culminates this month in site-specific art installations — some temporary and some permanent — and a series of related lectures, workshops, parties and tours. The Graham Building, across from Dilworth Park, houses the project's public hub, open Wednesday to Sunday with exhibits, information about the artists and events, and a pop-up café.

Open Source kicked off Friday with a packed party at Bok, the former public school in South Philly that's been closed for more than two years and is now being turned into a mix of retail and service businesses and co-working spaces. Philly artists the Dufala Brothers will be onsite at Bok (Ninth and Mifflin) each Saturday in October turning discarded aluminum into art.

What to see

Upcoming highlights of Open Source include:

- Philly DJ Mural block party, celebrating the finale of Shepard Fairey's yearlong program focused on music education for students, **Oct. 16 at 13th and Sansom.**
- Artist presentations at muraLAB Live: Open Source, at the **FringeArts building (Columbus and Race) Oct. 20**
- One City, Many Voices, **Oct. 22 at the Rec Center at Eighth and Diamond**, where kids will show off their own artwork against the backdrop of Shinique Smith's outdoor "mural amphitheater."

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Just another zombie trying

Rose McIver says her "iZombie" character is still trying to balance her zombie life with her more human life.

LISA WEIDENFELD
@LisaWeidenfeld
lisa.weidenfeld@metro.us

"iZombie" returns tonight at 9 p.m. on the CW. DIYAH PERA

Liv Moore is just your average young professional, trying to balance family, work and romance in the big city. Well, average in the sense that she's also a zombie who can solve crimes by gaining the memories and skills of murder victims whose brains she dines on. But that's just the world of "iZombie," which begins its second season tonight. Last season saw Liv (Rose McIver) getting ever closer to the mystery of how she became a zombie — in a modern twist, it seems to involve a bad batch of a party drug getting mixed with an energy drink called Max Rager. Despite those gains, she also struggled with how and to whom to disclose her condition among her family and friends, and she butted heads with a fellow zombie named Blaine (David Anders of "Alias") whose zombie instincts were a little less altruistic than Liv's. Here's what McIver has to say about where Season 2 is going.

Where do things stand with Liv at the start of Season 2?

I think, in some ways, she's in a similar predicament to the start of Season 1. Liv, through no means of her own, has managed to isolate herself and push away the people that she loves, and so she's pretty alone. The great thing is, starting with Season 2, she already has the companionship of [colleague and zombie cure researcher] Ravi. And almost like a therapist or something, he's able to kind of talk her off the ledge with things that would almost ruin anybody.

Are she and Ravi still hard at work on finding a cure for being a zombie?

They certainly will! Liv is tired of eating gelatin.

Does she feel any ambivalence about getting cured, since she's doing important work as a zombie?

Absolutely. That's actually something that's very much discussed. But I think it's tough because it's given her a newfound purpose, and it's wonderful that she's able to contribute to society in a fantastic way, but it still means that she can't have kids. It means that she seemingly cannot be with the love of her life. It means that she gets these traumatic visions all of the time. It's a sense of obligation in many ways as well, and she's always been an altruistic person so it's hard to know whether she needs this the same way.

What personas and skills will we see Liv take on this season?

In the first episode, I'm a grumpy old man, so I don't get any skills, but I get a lot of Archie Bunker-style opinions. In the second episode, I get a frat boy's brain, and so you should have seen me and the four boys on set — they were just loving it. They were in their element. They were like, "Ah, this all makes sense." The third episode is a Real Housewife, and that's really fun because we actually get a bit of a physical transformation there too, which is kind of the first time Liv's done that. And then the fourth episode is a country music singer so I get to pick up the guitar, and we have a lot of fun with that one too.

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#2813-Jerry Boykin, #1611-Andrea Erickson
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to have it all

GETTY IMAGES

Surprising bedfellows

Last season, Liv dated a fellow zombie. Will we see her bond with any other zombies this year?

In some ways, this season, because there's a supervillain in Max Rager and what's going on there, she ends up having to team up with the person she would never want to — that's Blaine. And obviously he killed her boyfriend. It's a difficult hurdle to overcome as friends, and I don't think friends is in the cards at the moment, but she definitely is aware that for the greater good of mankind and zombie-kind, they need to work together. So you see some really interesting interactions between those two and kind of a sense of two zombies chatting about things and having companionship in each other in some ways. It's a very fraught and tense friendship, but it's an interesting one.

Last season, Blaine got one of the two existing doses of the zombie cure. How's he adjusting to his new life?

Blaine makes situations work for him. He's an opportunist. He's not struggling as much as anyone else would, given what he's gone through. There's pros and cons for him, but we see definitely some of the pros very early on.

Someone who's that adaptable is also good as an ally, right?

Yeah! Although I wouldn't trust him as far as I can kick him.

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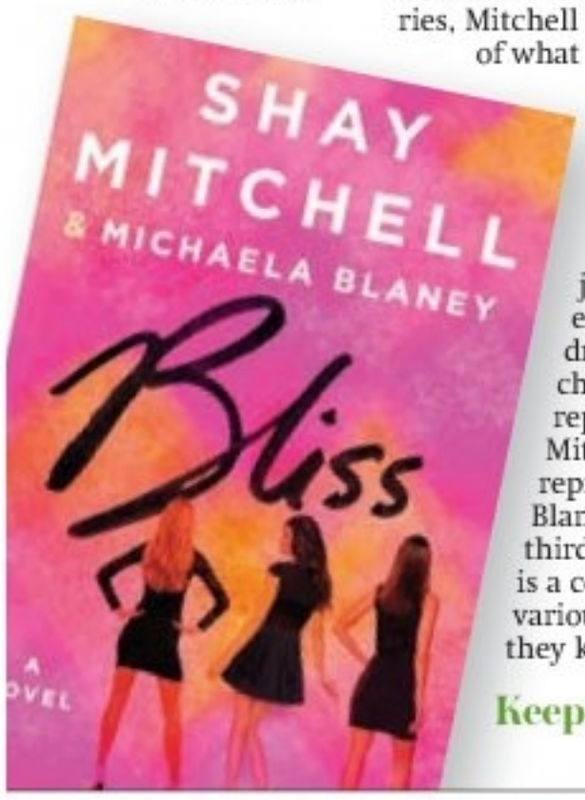
Shay Mitchell completely gets your quarterlife crisis

"Pretty Little Liars" star Shay Mitchell and her best friend, vlogger Michaela Blaney, tackle the complications of 20-something life in their new novel, "Bliss."

EMILY LAURENCE
@EmLaurence
emily.laurence@metro.us

Before Shay Mitchell got her big break on "Pretty Little Liars," she was a bottle service girl in Toronto, booking parts when she could. Working a soulless job just to pay the bills? She's been there.



Friend drama? She's had her share of that, too. Devastating heartbreak? Definitely.

Art imitating life

All the ups and downs helped inspire Mitchell's new novel, "Bliss" (out today), which she wrote with her best friend, vlogger Michaela Blaney.

"Michaela and I got together and were just talking about the past and all the crazy experiences that made us who we are today," Mitchell tells us. "We started jotting down ideas and thought, 'We could write a book about this.' So that's kind of what we did."

Similar to Lauren Conrad's "L.A. Candy" series, Mitchell says much of what happens in the plot of the book actually happened to them, but they just heightened the drama. One character represents Mitchell, one represents Blaney, and a third character is a composite of various people they know.

Keeping it real

At its crux, "Bliss" is about friendship more than anything else — and it isn't always pretty. "Friendships go through ups and downs just like a romantic relationship does," Mitchell says. "Michaela and I have certainly had our fair share of ups and downs. We had our fair share of ups and downs writing this book!"

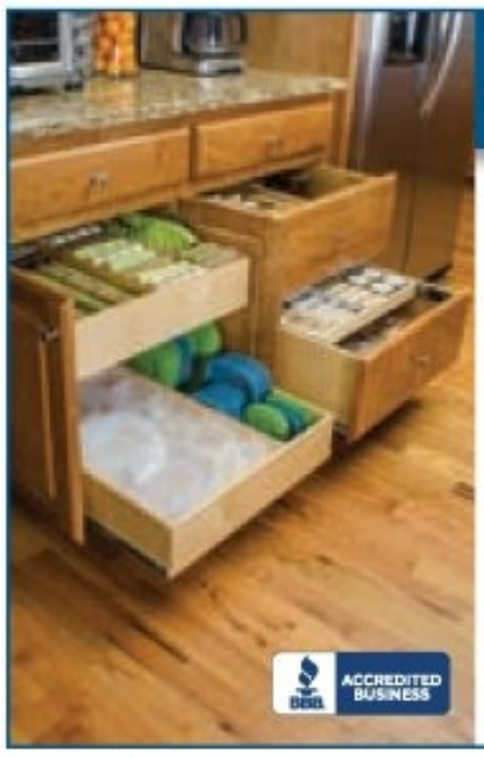
Her goal wasn't to make characters people liked. Instead, she wanted to make them real, showing both their good and bad sides. "None of these girls are bad girls," Mitchell says of the characters. "They're just trying to find their 'bliss' while living in their 20s."

Writing it herself

While filming keeps Mitchell plenty busy, she says she has a lot of downtime on set, which is when she would write. But the book is about to become her full-time job: She's heading out on a nationwide tour to promote it.

Can't get to a signing? Mitchell is giving fans another way to connect with her. Next week, she and Blaney will host a YouTube book party, chatting with fans worldwide. Gabbing with Mitchell? Sounds like "bliss."

Shay Mitchell wrote "Bliss" with her best friend, vlogger Michaela Blaney. PROVIDED



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Jon Bernthal wants the best

The "Sicario" actor remembers the time Benicio Del Toro shoved his finger in his ear.

MATT PRIGGE
@mattprigge
matt.prigge@metro.us

Jon Bernthal, center, gets two of the best scenes in the drug war thriller "Sicario," with Emily Blunt, Josh Brolin and Benicio Del Toro. RICHARD FOREMAN JR.

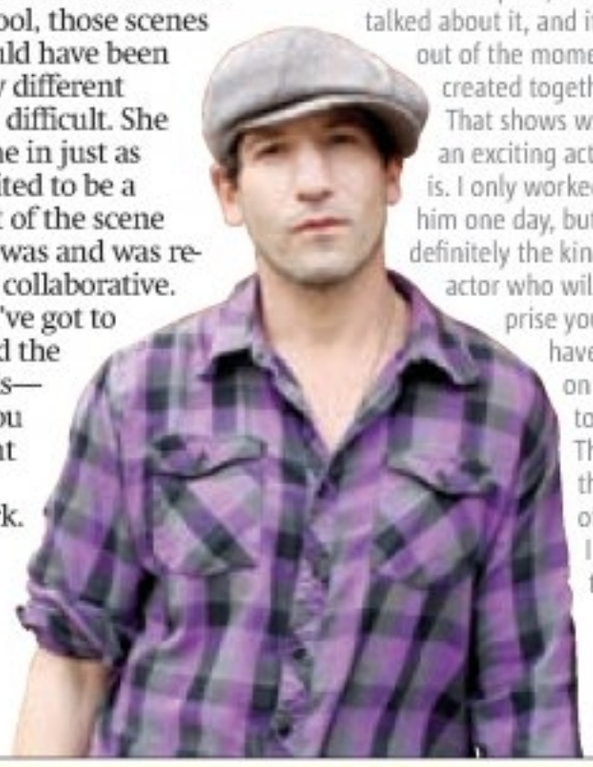
More than most actors, Jon Bernthal is effusive about those he works with — the filmmakers, his fellow performers, the cinematographers. The "Walking Dead" and "Wolf of Wall Street" actor is especially fulsome about "Sicario." He only has a small role, playing Ted, a man Emily Blunt's federal agent picks up in a bar — only to find out, in a nail-biting scene, he has a horrible secret. But that's fine with him; he just wanted to work with the best.

This is a small role. Was it just the chance to work with these actors and "Prisoners" director Denis Villeneuve?

It's one of those things where you get to work with an established filmmaker. You don't have to worry about things. Some of the films I've done, [the director] is still on his way up or doesn't know that much. You have to concern yourself with these issues — how they're setting up the shot, how they're going to use the light, who else is in the shot. To work with guys like this, you turn all that off and just go in and do your job. It's so much more satisfying.

Can you talk about Emily Blunt? Your big scene with her is just the two of you. That must require so much trust.

Not only did Denis create a relaxed atmosphere to work in, Emily was so unbelievably cool and professional. The mark of all the great actors I work with — DiCaprio was this way, Brad Pitt [in "Fury"] was this way, Benicio [Del Toro] was this way — they know this is only going to work if they put everyone around them at ease. If [Blunt] had come in with her nose in the air and acted the star of the movie who was too cool for school, those scenes would have been very different and difficult. She came in just as excited to be a part of the scene as I was and was really collaborative. You've got to shed the bulls— if you want to work.



GETTY IMAGES

The finger scene

You also get a big scene with Benicio Del Toro and Josh Brolin, which includes Del Toro torturing you by shoving his finger deep inside your ear. How did that come about?

I'm a real believer in going as far as you can, sometimes to a fault. I want to be that kind of actor. Benicio is definitely that kind of actor. That take was the only time we did that. We decided to change it up. Denis challenged us to do something different, and Benicio's answer was to put his finger in my ear. I was so excited that was the take they used. It was unscripted, no one talked about it, and it came out of the moment we created together. That shows what an exciting actor he is. I only worked with him one day, but he's definitely the kind of actor who will surprise you. You have to be on your toes. That's the kind of actor I want to be.

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Aries Your charisma and ability to put others at ease will result in greater popularity. Host an informal gathering that will allow you to show off.

Taurus Let others speak their mind in order to discover information. Sit back and observe. If you try to control the conversation, you will learn very little.

Gemini Your friends and family want the best for you. Ask for help if you need it, and make use of any connections or contacts that others can offer.

Cancer Be the catalyst that puts everything in motion. Stay informed and involved, and keep networking whenever possible.

Leo Romance should be scheduled. Plan a special getaway with someone you love. If you are single, now is your chance to meet someone.

Virgo Something is happening behind the scenes that will affect your reputation. Make discreet inquiries in order to get the lowdown.

Libra Don't count on others to do the work. Initiate plans, make decisions and become a leader. It's your sharp intellect that will carry you forward.

Scorpio Expect to face resistance if you are outspoken. You will get a fresh perspective from an unlikely source. Listen and learn about what others are up to.

Sagittarius In order to spice things up, you should add some excitement to your routine. You can connect with inspirational people through travel.

Capricorn Don't get mired down with financial or legal documents. If you are having trouble concentrating, take a break.

Aquarius Step outside your comfort zone. Love and romance are highlighted, and an encounter with someone unconventional will make a difference.

Pisces If you feel unfulfilled or unappreciated in the workplace, make a change. Furthering your education will lead to a new start. **EUGENIA LAST**

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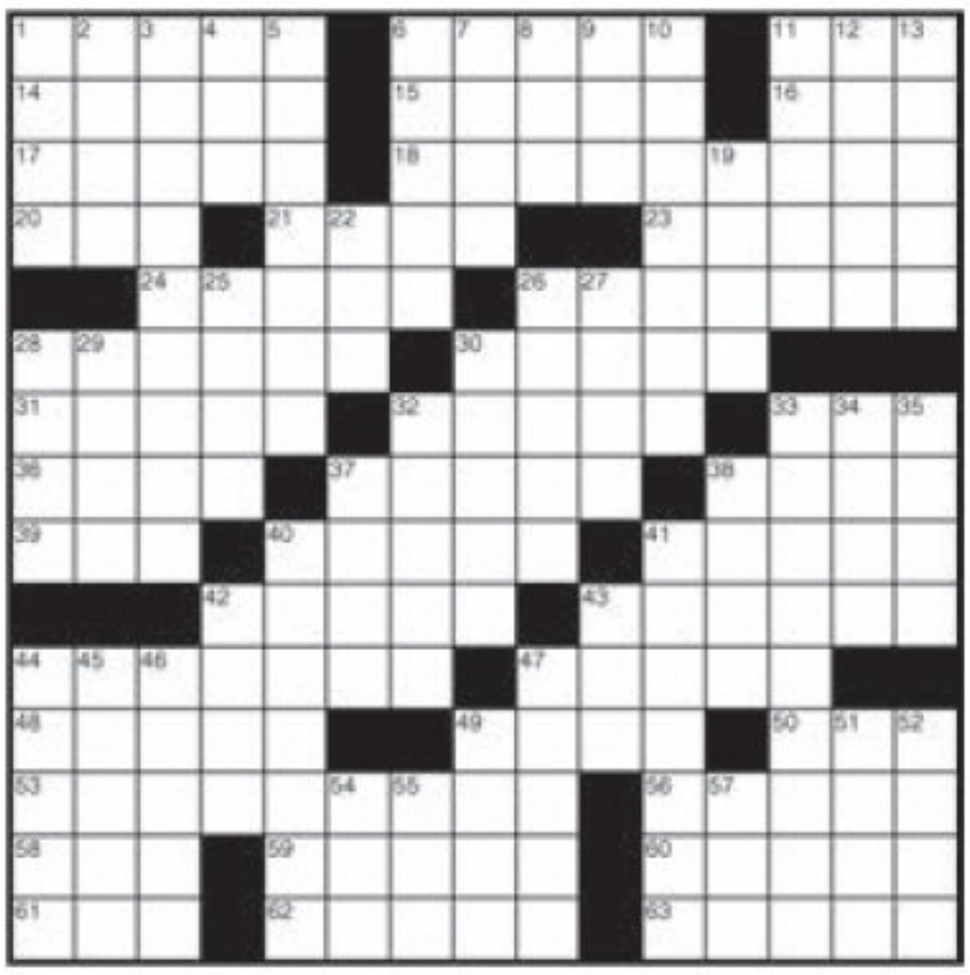

Across

1 Coffee option
6 Lake near Reno
11 Startled cries
14 In unison (2 wds.)
15 Mountaineer's aid (2 wds.)
16 Butter serving
17 More empty
18 Long shot (2 wds.)
20 Polite word
21 Kind of hog
23 Speak publicly
24 The same
26 Very thirsty
28 Ski slope bumps
30 — Fe Trail
31 One-celled plants
32 Is priced at
33 PC monitor
36 Green Hornet's alter ego
37 Outraged
38 Costa —
39 Amorous murmur
40 Jeweler's lens
41 Lab slide dye
42 Wraps tightly
43 Ho-hum feelings
44 Goalie's job
47 Gorby's missus
48 Habituate
49 Mugger
50 Thai neighbor
53 Steel toughener
56 Marlins' city
58 British inc.
59 Reach (2 wds.)
60 Amigo's farewell
61 Proposal response
62 Turn inside out
63 — Hawkins Day

Down

1 Applies makeup
2 Morales of "La Bamba"
3 "Antiope" painter
4 "Wheel of Fortune" buy (2 wds.)
5 Umbrella tip
6 Kind of wave
7 Police sch.
8 Any ship
9 Symbol of might
10 Urges strongly
11 Talk-show name
12 Squander
13 Charger
19 Shamu or Willy
22 W. Hemisphere alliance
25 Dorm view
26 Tomato product
27 — up (pay)
28 Cleopatra's wooer
29 Ersatz butter
30 Bath cakes
32 Vulgar
33 Graph or picture (2 wds.)
34 602, to Caesar
35 Lies on the beach
37 Charged particles
38 Guidry and Howard
40 Family tree
41 Mysteries
42 "Titanic" menace
43 — de cologne
44 Vaguely
45 Related to mom
46 Backs financially
47 Scarlett's man
49 Autocrat of yore
51 Pierre's "Mine!"
52 Belgian river
54 Reno loc.
55 Yves' summer
57 Boise's st.

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easy

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			2		4	1		
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		7	8	1	9	5		
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hard

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The future of breast cancer

Mount Sinai's Dr. Elisa Port makes sense of the hot topics in breast cancer today.

EVA KIS
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It didn't take the arrival of Breast Cancer Awareness Month to put a spotlight on the disease this year. Just don't give Angelina Jolie all the credit for increasing the focus.

The trend of preventive mastectomies is often said to have begun when the actress chose to have her breasts removed in 2013 when genetic testing revealed she carries the BRCA1 gene, which is known to significantly raise a woman's risk of developing breast and ovarian cancer.

But the real driver of trends in treatment is in progress in the medical field, says Dr. Elisa Port, chief of breast surgery at Mount Sinai Hospital. The rise in women opting to undergo mastectomies coincides with advances in surgery creating more natural-looking results than before.

Port highlights this and more advances in "The New Generation Breast Cancer Book," published last month. She gave us an overview of what's making headlines in her field.

Preserving fertility

One piece of good news this year came for women whose tumors are found to be estrogen positive, in which receptors in the tumor could receive growth signals from the hormone. "We learned that a certain medication, Tamoxifen, can be taken for 10 years instead of five years, and for some women with high-risk breast cancer it can really further reduce their risk of breast cancer coming back," says Port.

The downside, however, is the drug significantly raises the risk of birth defects, so knowing the options before starting treatment is crucial. Port recommends that pre-menopausal patients who are interested in discussing fertility preservation seek out a multidisciplinary breast cancer treatment center to discuss their options with a specialist.

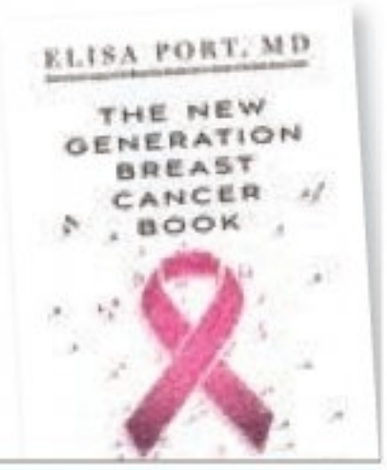
Mammograms

Port dismissed the controversial recommendation by the U.S. Preventive Services Task Force that women should wait until age 50 to start getting mammograms. "Most of us who do this every day for a living and who believe that mammograms save lives are still very much supportive of continuing [annual] mammograms in the 40- to 50-year-old age group," she says. Mammograms are also more accurate than ever because of 3-D technology, though it's not yet available in all radiology labs.

Genetic testing

Basing cancer decisions on a DNA analysis goes beyond the BRCA gene. "That gene only accounts for a small number [of cases], and I think that's a huge misconception," says Port. Other genes, such as CHEK2 and p53, can also raise a woman's risk. "By and large, the rest of breast cancers that women get are not related to the BRCA gene, and have no known risk factor other than family history or hormone replacement therapy that they're individually responsible for."

This can be tough for patients to hear — there's nothing they did, but there's also nothing they could have done. Maintaining a healthy weight and drinking in moderation reduces the risk, but beyond that, breast cancer is not a lifestyle disease. "Whatever emotions women are having related to a diagnosis of breast cancer, i.e., fear, etc., guilt shouldn't be one of them," says Port.



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BCA at Bloomingdale's

Bloomie's has partnered with the Breast Cancer Research Foundation to create a whole line of products ranging from necklaces, to T-shirts to makeup, including this lipstick trio by Estee Lauder, Evelyn Lauder and Elizabeth Hurley. A portion of the sale price of all items will benefit the foundation. **PURE COLOR ENVY SCULPTING LIPSTICKS, $33.50 (20 PERCENT TO BCRF), BLOOMINGDALES.COM/PINK**

#MoreGoodDays

Lyft and Meal Train have partnered with Ford to give breast cancer patients #MoreGoodDays. The car company's Warriors in Pink program launched the Good Day Project to provide support services like free rides to and from treatment appointments, while family and friends can use premium Meal Train services to arrange meals, errand services and even childcare.

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Priore, Quakers football boasts bevy of SoCal recruits

Penn suffered a shocking setback when their starting QB, Huntington Beach's Alek Torgersen, was injured last week.

JON MARKS
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Did success go to the heads of the Penn Quakers, who spent nine days savoring their Sept. 24 upset of Villanova, knocking off the Wildcats for the first time in 104 years? Nobody could've seen Saturday's 41-20 loss to Dartmouth coming, especially considering the Big Green hadn't left Franklin Field celebrating since 1997.

Senior and backup QB Andrew Lisa was pressed into duty when starter Alek Torgersen was diagnosed with concussion symptoms after taking a blow to the head. Torgersen's abbreviated 7 for 10 for 29 yards moved him into sixth in school history with 317 completions and 10th in total offense with 3,388. While it's uncertain if he'll have to miss any upcoming action, it's apparent the kid from Huntington Beach, California, has become an East Coast sensation.

And to think the only reason he wound up here was because current coach Ray Priore, then the Quakers defensive coordinator, just happened to be in the neighborhood the night Torgersen came of age in the California Interscholastic Federation championship game.

With Alek Torgersen, Penn's roster surprisingly includes 19 Californians. UPENN

"Coach Priore recruited me out of Southern California," Torgersen said back during training camp, "I only started one year in high school. I was playing against one offensive lineman, Nick Whitton, who he was recruiting, and Coach Priore came to that game. Afterward, he asked me if I'd want to come to Penn and play quarterback. He was in my house in Huntington Beach after that game sitting on my couch talking up Penn."

> *"Coach Priore had faith in me. I continue to thank him."*
>
> Alek Torgersen

While he made quite an impression on Torgersen, Priore says it wasn't such a big deal.

"I know his high school coach real well, because that was my territory," recalled Priore. "As a junior, he didn't play a down. Nobody knew him. I was there for the California championship game in Anaheim Stadium. After that I knew we had a special young man. He wanted to come east."

While the weather's not the same as home, Torgersen's had no regrets, other than the fact it's hard for his family to come 3,000 miles regularly to watch him play.

"It's an awesome school," said Torgersen, who's majoring in economics, but says he might go into law. "Through high school I always wanted to come east and experience a new part of the country. The East Coast is definitely a big shock, especially being in a big city, which I'm not used to. And the weather's completely different. In Huntington Beach it's 75 and sunny all the time."

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GLEN MACNOW: ARE EAGLES ON THE VERGE OF UNRAVELING?

Sam Bradford connected on four bombs on Sunday, showing he is capable of going deep with the football. GETTY IMAGES

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OPINION

Glen Macnow has been an outspoken voice in Philly sports for nearly three decades.
@realglenmacnow

We waited nine months for this. Through Chip Kelly's New Year's power grab and too many winter storms. Through another Sixers tank fest and another cruddy Flyers season and that weird March afternoon when you said, "Wait, they traded Nick Foles for what?"

Our anticipation grew, through a hyperactive free agency that rubbed a little too close to 2011's "Dream Team." Through a draft that, alas, didn't land Mariota. Through an endless Phillies slog where the biggest feat was avoiding 100 losses.

By the preseason, we believed this team — Chip's creation — was the antidote to our blues. Super Bowl? Maybe. The oddsmakers and national experts (Joe Banner?) told us so. Hey, after all the bleak seasons our other franchises rolled out (there hasn't been a postseason advance since — amazingly — the Sixers beat Chicago in 2012), we'd settle for a nice, deep playoff run.

Forget that. My heart can tell you the NFC East, a cast of 98-pound weaklings, is still there to be won. My brain says Sunday's calamity against Washington buried the season.

Nail. Meet coffin.

Typically, the Eagles don't crush our hearts until we've broken out the snow shovels. This year? We haven't even begun raking leaves.

I don't have space to detail all of the team's woes. Kelly keeps repeating the problem is "execution," but that's just a catch-all word to avoid explanation. As a coach, he's got to answer why the first halves have been so putrid. On Sunday, it was zero points and four first downs.

Don't coaches spend the whole week plotting the first 15 offensive plays? That being the case, how is it possible that after four games, the combined first-quarter results are: 49 plays, 157 yards, nine punts and a total of three points?

> *"We've lost the three games by 15 points. You don't throw the baby out with the bath water."*
>
> Chip Kelly

I bought into the notion of Big Balls Chip, the offensive genius. Three years in, it seems the innovation consisted entirely of a frenetic pace. Once opposing defensive coordinators caught on, Kelly's offense is running in place and his notebook appears empty of a Plan B.

As a GM, Kelly may have created bigger problems. I can't swear Foles was that so-called "Super Bowl quarterback" (by the way, Foles threw three TDs to beat Arizona on Sunday), but I'd still take him over Sam Bradford. Not to mention the second-rounder the Eagles gave away.

The GM's willful neglect of his offensive line is what may really cost. Bradford can't throw and mediocre receivers can't get open without time. DeMarco Murray can't gain yards without holes to run through. If Jason Peters is as spent as he appears, the lack of line depth will not be overcome with the yo-yoing of Julian Vandervelde off and on the roster.

Now, understandably, Murray is doubting his role. It's tough to hold a losing team together. It's tougher when those guys haven't lived and worked together for a few seasons. What you fear next is an unraveling, with players pointing fingers.

And we sure didn't wait all year for that.

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